

School Asthma and Anaphylaxis Management Plan

We encourage you to develop your own goals and written plan for enhancing asthma and anaphylaxis management in your school or program. Use the ten-step sample plan from the National Association of State Boards of Education and other resources in Section 5 of the *Managing Asthma and Anaphylaxis in DC Schools* guide (download at www.dcasthma.org) as a template for your school's Asthma and Anaphylaxis Management Plan.

Asthma-friendly schools have policies and procedures that allow students to successfully manage their asthma and allergies. Chances for success are better when school administrators, teachers, nurses, and staff work as a team with students, parents/guardians and healthcare providers to prevent asthma attacks and anaphylaxis (a severe systemic allergic reaction).

Your Name: _____ Title: _____

School/Program: _____ Phone: _____

E-Mail: _____ Fax: _____

Please list one or more goals that you would like to achieve or pursue over the next few months:

1. _____
2. _____
3. _____

Please list what steps you plan to take to succeed in these goals. Please add to the ideas provided below.

Administration

- Establish a school asthma/anaphylaxis team (e.g., principal, staff, school nurse, students, parents/guardians).
- Conduct an assessment of current practices/procedures using available checklists.
- Develop a written implementation plan (e.g., National Association of State Boards of Education model plan).
- Institute procedures for implementing new student self-administration of medication law per guidance.
- Establish emergency response team with staff trained and certified in administration of medication.
- Reach out to parents and healthcare providers to obtain asthma/anaphylaxis action plans (e.g., send letters).
- Other: _____

Training and Education

- Provide training for all school staff on asthma and anaphylaxis, including emergency response procedures.
- Provide asthma and anaphylaxis education for students and their families (see guide's Resource Section).
- Other: _____

Healthy Environments

- Establish a Healthy Learning Environment Plan to reduce environmental triggers (see model in guide).
- Implement EPA *Indoor Air Quality Tools for Schools* (request free copy from EPA or download from Web).
- Adopt EPA Clean School Bus USA Sample Idling Policy (see form in guide).
- Ensure tobacco-free facilities and events (post signs, offer tobacco cessation programs).
- Other: _____